



MT. MCKINLEY  
ANIMAL HOSPITAL

# New Kitten Care

Congratulations on the new addition to your family! We are proud to provide a kitten care package designed to educate you on your new friend's needs and set them up for success in your home. Protection against diseases in kittens is achieved through a series of vaccinations given at regulated intervals.

Our New Kitten Care Package includes a breakdown of veterinary visits & educational content, including what each services entails, what it treats/prevents, & so much more!





# MT. MCKINLEY ANIMAL HOSPITAL

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425 Harold Bentley Ave  
Fairbanks, AK 99701

Phone: (907) 452-6104

Fax: (907) 456-8626

[www.mmahak.com](http://www.mmahak.com)

[www.facebook.com/mmahak](https://www.facebook.com/mmahak)



*"Caring for your pets as if they were ours."*

### CONVENIENT HOURS

Mon - Fri 8:00am to 6:00pm  
Saturday 8:30am to 5:00pm  
Sunday 9:00am to 4:00pm

Urgent Care & Emergencies:  
Accepted daily during  
business hours.

### VETERINARIANS

Dr. Kuhn  
Dr. DeLeon  
Dr. Vaughan-Walsh  
Dr. Campagna  
Dr. Worker

*We provide quality care for dogs, cats, birds, reptiles, ferrets, pocket pets, and other exotic animals.*

**GO TO OUR WEBSITE WITH JUST ONE CLICK!**



### WE OFFER MANY VALUABLE SERVICES FOR YOUR PET:

- Wellness examinations and vaccinations
- Emergency and critical care
- Diagnostic laboratory testing
- Digital diagnostic imaging
- Surgery
- Progressive dental care
- Flexible endoscopy
- Rigid endoscopy
- Laser treatment
- Ophthalmology specialty services
- Medical treatment for wild birds

Check out our website for a more detailed description of available services at

[www.mmahak.com](http://www.mmahak.com)

*For your Convenience we Accept: Cash, Checks, Visa, MasterCard, Discover, and American Express.*

### ASK ABOUT CARE CREDIT & SCRATCH PAY!



*Thank you for trusting us with your pet's care. Your patronage is appreciated. We are happy to provide the best care possible and look forward to an ongoing, positive relationship with your animal.*

**OUR PHILOSOPHY:** Welcome to Mt. McKinley Animal Hospital. For over 50 years we've description of available services at been taking care of pets and the people in our community. As a respected veterinary hospital, everything we do is done to ensure the comfort and well being of our patients and their owners. It is our goal to educate and involve clients in developing individualized preventative health care plans that are best for their special companions. From routine to advanced care, Mt. McKinley Animal Hospital is proud to offer the very best in veterinary medicine.

**YOUR PET'S CAREGIVERS:** We work hard to maintain an excellent staff of doctors, receptionists, technicians, and assistants. Our veterinarians and licensed veterinary technicians continue to supplement their education, and together with other staff members, we offer a wealth of knowledge and experience in the care of your pets. If your primary doctor is unavailable, another highly qualified doctor will monitor the case using your pet's detailed medical record to continue care.



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# Kitten Services Schedule

Vaccine/Service Completed	Date Completed	Date Completed	Date Completed	Date Completed
<b>FVRCP</b>				
<b>FelV</b>				
<b>Rabies</b>				
<b>Intestinal Parasite Screen</b>				
<b>Intestinal Dewormer</b>				
<b>FIV/FelV Testing</b>				



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# GETTING YOUR NEW PET TO THE VET

*Cats are notorious for being escape artists and hide-and-seek champions when it's time to come to the clinic. It's imperative to start out their carrier and vet-visit journey on the right paw so they are set up for success!*

- A comfortable carrier with extra room, safe toys, and a couple of treats can make it a comforting place to be. Leave their carrier open and accessible in your home so your kitten can explore on their own. Occasionally, close the carrier, so they become used to the door being shut.
- Get your kitten used to being handled properly. If your kitten is accustomed to being picked up and pet, the better they will tolerate being handled by the veterinary staff.
- Take a practice car ride to get your kitten used to the feeling of riding in a vehicle. It is important your cat remains in the carrier for the safety of all occupants.





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# KITTEN CARE PACKAGE

## FIRST VISIT

- Physical Exam
- Discuss nutrition and spay/neuter
- FVRCP Vaccination
- Includes vaccination against distemper, rhinotracheitis, & calicivirus
- FeLV Vaccination (kitten must be 9 weeks old and FeLV negative)
- Intestinal parasite screen
- Intestinal dewormer for hookworms, roundworms, tapeworms, & whipworms

## SECOND VISIT (3 WEEKS LATER)

- Physical Exam
- FVRCP Vaccination
- Rabies Vaccination (kitten must be 12 weeks old)
- HIV/ FeLV blood test
- FeLV Vaccination
- Intestinal Dewormer

## PHYSICAL EXAM

This comprehensive examination allows the doctor to evaluate your kitten's attitude, heart, ears, eyes, lungs, abdomen, nose, throat, teeth, lymph nodes, bones, and skin. Please take this opportunity to discuss any concerns you may have regarding your pet's care.

## INTESTINAL PARASITE SCREEN

A fresh stool sample is microscopically evaluated to detect the presence and type of parasite infection.

## FVRCP VACCINATION

This is a core vaccination that protects your cat against the serious diseases that are present in our area:

- Feline Panleukopenia Virus – (feline distemper) causes severe vomiting and diarrhea which can be fatal.
- Feline Rhinotracheitis Virus and Feline Calicivirus This virus can cause destruction of the lining of the respiratory tract. Signs including sneezing, discharge from the eyes and nose, oral ulcers, and poor appetite. Vaccination helps reduce the severity of the disease.

## FELINE LEUKEMIA VACCINATION

This is a vaccination to protect against feline leukemia virus, which causes many disorders including tumors such as leukemia and bone marrow suppression. Although some cats may show no signs for many years, it is a fatal disease.

## RABIES

This is a core vaccination that protects against rabies. Rabies is a fatal disease that affects the nervous system and it is required by law to keep all pets up to date.



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# VACCINE REACTIONS



After vaccination it is common to have the following symptoms. These signs are common and usually resolve within **24 HOURS**.

- Mild Lethargy
- Reduced Appetite
- Soreness/Swelling at the injection site.

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Please contact us if any of the reactions below occur:

- Generalized Weakness
- Fever
- Diarrhea
- Vomiting
- Hives
- Facial Swelling

*It is recommended to watch your feline companion for these reactions for up to **48 HOURS** after vaccinations.*

# HARMFUL HUMAN FOODS for PETS



PET POISON HELPLINE: 855.764.7661 | ASPCA POISON CONTROL: 888.426.4435

## MEATS & FISH

- Fatty/Junk Foods
- Fat Trimmings
- Fish & Poultry Bones
- Raw Meat
- Raw Fish
- Raw Eggs

## FRUITS

- Avocado
- Grapes/Raisins
- Grapefruit
- Citrus Rinds (Skin)
- Currants
- Rhubarb
- Fruit Pits: Apricots, Peaches, Plums, Cherries, Nectarines

## DRINKS

- Alcohol (Beer, Wine, Liquor)
- Coffee, Tea
- Energy Drinks

## VEGGIES

- Garlic
- Onions
- Chives
- Leeks
- Mushrooms
- Tomatoes

## NUTS, SWEETS & SPICES

- Salty Foods (Large Amounts)
- Sugary Foods (Large Amounts)
- Artificial Sweeteners: Aspartame or Xylitol
- Chocolate
- Nutmeg
- Nuts: Macadamia, Almonds, Walnuts, Pistachios, Pecans
- Seeds: Sunflower, Pumpkin, Fruit
- Gum
- Candy

## STARCHES & GRAINS

- Yeast Dough
- Moldy Bread or Food
- Homemade Play or Salt Dough
- Potato Skins
- Raw Potatoes
- Popcorn Kernels (Choking Hazard)

## DAIRY

- Milk, Cream, Half & Half
- Butter, Butter Spread
- Ice Cream, Whipped Cream



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# How to Brush Your Cat's Teeth

*We recommend brushing your cat's teeth daily, starting slowly with the steps below and moving to the next step only after the cat is comfortable with the current step. Toothpaste must be made for dog/cats as it does not contain fluoride or xylitol which are highly toxic.*

## BRUSHING IN 4 EASY STEPS



Step 1  
Handle cat's mouth by lifting lips, touching gums and teeth with your finger



Step 3  
Introduce toothpaste, by placing a small amount on your finger and then the gums



Step 2  
Introduce soft toothbrush, concentrating on canines and upper molars (you do not need to brush inside of teeth)



Step 4  
Brush teeth with toothpaste on toothbrush

## Cat Food Brands We Recommend!







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# LITTER BOX TRAINING

## CHOOSING THE RIGHT BOX AND LITTER

Start your kitten off right with an appropriate litter box. A plastic box is usually the most practical and easy to clean. Make sure the sides are low enough that your kitten can easily climb in and out. Since some kittens dislike scented litter, it is best to start with unscented clay or clumping litter. Most kittens will automatically use kitty litter rather than eliminating (going to the bathroom) on other surfaces, except possibly for the soil of a potted plant. Keep plants out of your kitten's reach or cover the soil with rocks or pinecones. The box should be placed in a relatively quiet area of your home where your kitten can have some privacy. Place the box away from household items that make startling noises such as the washing machine, radiator, or furnace. A baby gate can be used to keep children and dogs away from the box. The litter box should be easily accessible, especially from your kitten's sleeping area. If there are other cats in your home, you should provide a separate litter box for each cat.

## LET THE TRAINING BEGIN

At first, you must closely supervise your kitten to help direct them to use the litter box at the appropriate time. Keep the box within your kitten's sight to ensure that he uses it every time. When they stop playing and begin to sniff around, gently pick them up and place them in the litter box. Lightly praise for sniffing and scratching in the litter box and give lots of praise and a treat when they eliminate in the box. Keep the box clean so they will want to return to use it. To help your kitten feel comfortable around the litter box, prevent anything unpleasant.

## CORRECTING MISTAKES

It doesn't take long for mistakes to develop into bad habits, so make sure to identify and correct mistakes right away.

## COMMON CAUSES OF HOUSE SOILING:

- The litter box is not cleaned frequently enough
- Your kitten was frightened while near the box
- The litter box was moved from a quiet area to a noisy area
- A change to the type or scent of litter
- Other cats in the house or animals disturbing the area
- Medical Problems

Never punish your kitten for eliminating outside of his litter box. Punishing will only make the problem worse and may cause your kitten to fear you, especially if you smack or rub their nose in the mess. Rather, address the above conditions, and if necessary, return to the basic training steps. Most cats will not soil an area where their food and water are placed. You may try moving the food/water to an area that has previously been soiled to act as a deterrent. You can also decrease the appeal of a previously spoiled area by placing a sheet of plastic carpet runner, double sided tape, an aversive odor (deodorized soap), or motion detector alarm in the area. If your kitten continues to eliminate outside of the litter box, take them to see your veterinarian for a complete physical examination and possibly laboratory tests to ensure that there are no medical problems. Medical conditions that may be irritating and cause your cat to avoid the litter box include bladder disease, diarrhea, and constipation.

## SPRAYING

As your kitten matures, he or she may begin to spray (urinate on vertical surfaces such as walls or furniture). Cats are very territorial and they mark their territory as a warning to others. Neutering or spaying should eliminate most spraying behavior, but some neutered cats will spray. Ask your veterinarian for advice if your cat continues to spray after neutering.

## CONTROLLING LITTER BOX ODOR

A covered litter box can help control the odor in your home as well as be helpful for cats with poor aim. You can train a reluctant cat to use a covered litter box by placing a large cardboard box over the litter and gradually decreasing the size of the box until it is the same size as the box cover.

## ONCE IT WORKS, STICK WITH IT!

Most importantly, remember that cats are creatures of habit. Once you find the kind of litter, type of box, and location in your home that your kitty likes, try to stick with it! If you want to make a change, place the new box and new litter in a new location, but make sure to leave the old box and old litter in the old location until your cat is using the new box. Or, try altering one of the above elements at a time for a few weeks until the change is complete.



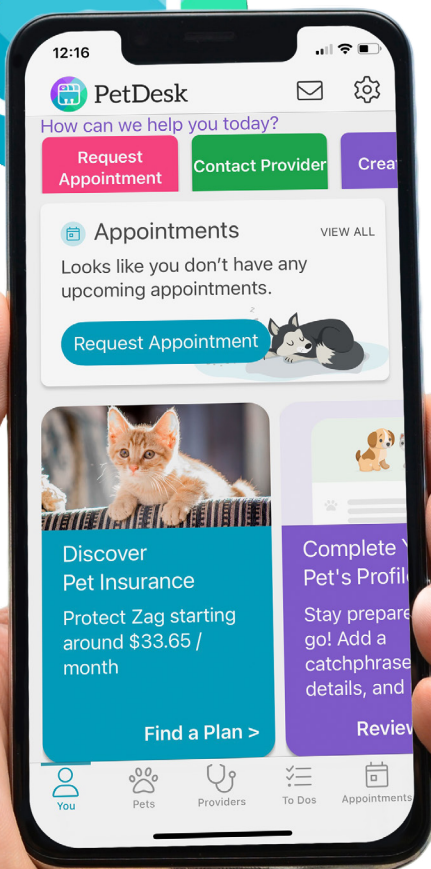
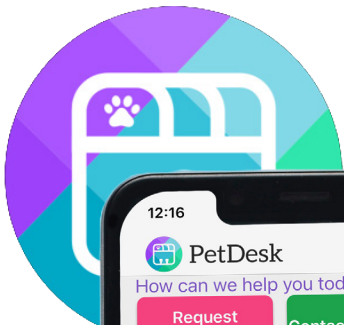
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# SETTING YOUR CAT UP FOR SUCCESS

At MT McKinley, we utilized and recommend **PetDesk**, a mobile app that supports client and veterinary provider communication, medication management, appointment requests, and pet health reminders.

To sign up:

- Open the **App Store** on your Mobile Phone
- Type in **"PetDesk"** in the Search Bar
- Install **"PetDesk - Pet Health Reminders"**
- Click **"Create Account"**
- Enter your name, the email you have on file with us, a password and the phone number you have on file with us
- Search **"Mt McKinley Animal Hospital"** to link you account to our hospital.





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# FEAR FREE



At MT McKinley, we utilized the most up-to-date **Fear Free** practices to ensure your pet is comfortable in our hospital environment.

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## To prepare your new kitten for a **FEAR-FREE** visit, we recommend:

- Acclimating your kitten to travel/travel confinement prior to their first vet visit.
- If medically appropriate, reduce the amount of food your kitten eats before the visit. This can help prevent nausea with car travel as well as make the treats at the vet visit more appealing.
- Bring your kitten's favorite treats to use during the appointment, especially if your kitten is particular about what treats they enjoy.
- Budget plenty of time to avoid rushing.
- Provide your pet with an opportunity to relieve himself prior to leaving your home and again before you come into the clinic.





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# PET INSURANCE

*We recommend each pet be covered by pet insurance so you can give your companion the best veterinary care possible. Be prepared for unexpected pet health problems with pet insurance, and rest assured that your kitten will always receive optimal treatment in the unfortunate case of an accident or emergency.*

## Recommend Pet Insurances:

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trupanion™

Medical insurance for the life of your pet.

[trupanion.com](http://trupanion.com)

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 **Pets Best**<sup>®</sup>  
PET HEALTH INSURANCE

[petsbest.com](http://petsbest.com)

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**pumpkin**

[pumpkin.care](http://pumpkin.care)